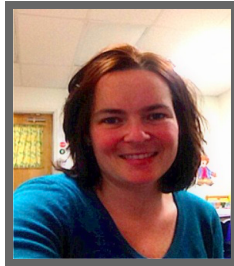




Counselor's Corner



by [Tina Nightingale](#) on September, 30, 2017

Role of a School Counselor:

Students are challenged daily to make decisions in an environment burdened with tension and uncertainty. Faced with social, economic, and cultural issues to a degree not experienced by previous generations, students must have proactive choices to nurture the potential they each have to become successful learners. The Counseling Program, as an educational program, creates options for students to develop and emphasize strategies, which enhances this potential.

Through classroom based lessons, small group social skills, individual check-in & check-out, consultation with parents and teachers, and collaboration with the community resources, I am hoping to provide your child with the best avenues to become a successful learner.

Why see the School Counselor:

There are a variety of reasons why your child might want to see the school counselor or might be referred to the school counselor by his/her teacher and/or parent(s) or guardian(s). Here are a few of them: a worry about themselves, friend(s), or home, motivation, bullying, discrimination, peer pressure, family troubles, fear, stress, conflict, change, loss, self image, and much more. If for any reason(s) I must meet with your child more than once, you will be notified.

What's Next:

Throughout the year your child will be participating in different activities hosted by me and supported by their teachers and all personnel at Young School. I will make it a priority to keep you informed about the many topics we will be covering. Support from home by reinforcing and practicing learned skills will enhance your child's learning.

Note: If you have any questions and/or concerns, please feel free to email, call, or visit. I am looking forward to working with you and your child.

TIPS FOR PARENTS: An undeveloped ability to communicate feelings is to blame for many undesirable behaviors in parent-child relationships as well as a child's interaction with friends and classmates. Problems such as bullying behavior, control issues, verbal and emotional abuse, and dishonesty in relationship matters can all be blamed on difficulty in communicating feelings. But once the problem is identified, there is a solution—make the language of emotions as common in your household as your native tongue. There is a learning process, but once you recognize the special vocabulary of feelings, you will discover a path to resolution, truth, and growth.

Children learn what they live!

"If a child lives with criticism, he learns to condemn.

If a child lives with hostility, he learns to fight.

If a child lives with fear, he learns to be apprehensive.

If a child lives with pity, he learns to feel sorry for himself.

If a child lives with ridicule he learns to be shy.

If a child lives with jealousy, he learns what envy is.

If a child lives with shame, he learns to feel guilty.

If a child lives with encouragement, he learns to be confident.

If a child lives with tolerance, he learns to be patient.

If a child lives with praise, he learns to be appreciative.

If a child lives with acceptance, he learns to love.

If a child lives with approval, he learns to like himself.

If a child lives with recognition, he learns that it is good to have a goal.

If a child lives with sharing, he learns about generosity.

If a child lives with honesty and fairness, he learns what truth and justice are.

If a child lives with security, he learns to have faith in himself and in those about him.

If a child lives with friendliness, he learns that the world is a nice place in which to live.

If you live with serenity, your child will live with peace of mind.

With what is your child living?"

By Dorothy Law Nolte